Paradise—Havona—Universe Standard Time

Paradise-Havona	How Time is Determined	Equivalent Urantia Years	How Distance is Measured	Equivalent Urantia Distance
Paradis-Havona	The Paradise-Havona standard day is based on the length of time required for the inner Havona circuit to complete one revolution around the Isle of Paradise; it requires almost one thousand years to complete their circuit (14:1.5) This Paradise-Havona day is the standard time measurement for the seven superuniverses, although each maintains its own internal time standards. (14:1.6)	One Paradise-Havona day is seven minutes three and one-eight seconds less than one thousand years of the present Urantia leap-year calendar. (14:1.5)		
Superuniverse –Orvonton–	The Standard day of the Superuniverse of Orvonton is equal to almost thirty days of Urantia time, and the Orvonton year equals one hundred standard days. (15:7.2)	One day equals thirty days of Urantia time. One year equals twenty-two minutes short of three thousand days of Urantia time—about eight and one-fifth of Urantia years. (15:7.2)		
Local Universe –Nebadon–	The Nebadon year consists of a segment of time of universe swing in relation to the Uversa circuit and is equal to one hundred days of standard time, about five years of Urantia time. (33:6.7)	The standard day of Nebadon is equal to eighteen days and six hours of Urantia time plus two and one-half minutes. (33:6.7)		
Constellation –Norlatiadek–	Nebadon time, broadcast from Salvington, is the standard for all constellations and systems in this local universe. Each constellation conducts its affairs by Nebadon time, but the systems maintain their own chronology, as do the individual planets. (33:6.8)			
Local System –Satania–	The day in Satania, as reckoned as that being the time of the axial revolution of Jerusem. (46:1.2)	The Satania day equals three days of Urantia time less one hour, four minutes, and fifteen seconds. The system year consists on one hundred Jerusem days. (46:1.3	The standard mile. (46:1.2) The standard weight, the “gradant” is built up through the decimal system from the mature ultimaton and represents almost ten ounces of our weight. (46:1.2)	Seven Urantia miles. (46:1.2) Gradant is almost equal to ten ounces of our weight. (46:1.2)